

With the best recommendations
Ferndale Guesthouse & Restaurant
Keel, Achill Island, co. Mayo

Cabbage Mushroom Stirfry with Strawberries

- *1 medium Cabbage*
- *10 mushrooms*
- *6 good size Strawberries*
- *1 teaspoons of fresh Garlic*
- *1 pint of Apple Juice*
- *Salt & Pepper*
- *a dash of Olive Oil*

Chop the Cabbage very fine and put in a hot frying pan with a little bit of Olive Oil, add the garlic and season with pepper and salt. Fry it for one minute or two, then add the 10 sliced mushrooms and half a pint of Apple Juice, bring to simmer for 2-3 minutes. Add the remaining Apple Juice and the roughly chopped Strawberries and gently heat up for another 2-3 minutes.

Serve it straight away, otherwise the Strawberries will disintegrate.